



### Summit delayed

WASHINGTON (UPI) — The Reagan administration has been informed that Soviet leader Mikhail Gorbachev will not be attending the United Nations sessions in New York this fall, a spokesman said today, ruling out a U.S.-Soviet summit meeting in September.

## Laser experiment is an apparent success

CAPE CANAVERAL, Fla. (UPI) — A dazzling blue laser beam hit the shuttle Discovery today and flashed back to Earth in a spectacular test of a "Star Wars" laser tracking system that ground controllers bungled Wednesday.

18th shuttle mission has enjoyed the smoothest flight yet in the shuttle program.

## Peopletalk

### Fat tub of goo

Terry Forster, the retired relief pitcher for the Atlanta Braves, will appear on NBC's "Late Night With David Letterman" to answer charges that he is nothing more than a fat tub of goo. On a recent show, Letterman called Forster the "fattest man in all of professional sports."

### Stop or I'll kick

A Bahamin businessman stumbled upon a bank robbery suspect in Miami and disarmed him with kick thinking and a manila envelope. Police said Spurgeon Brown, 46, did the good deed.

### Little big man

Cub Scout Billy Joe Thomas is one of the good guys. He won a trip to Disneyland last month by selling the most tickets to a scouting event, and then gave it away to a civic group raising money for children dying of cancer.

### Slip of the lip

Nighttime soap sponex Joan Collins suffered a bit lip in the heat of a passionate love scene with co-star Michael Nader in a recent Dynasty episode. Collins feels that future screen lovers should keep their teeth to themselves.

### Berie improving

Comedian Milton Berle, who was cracking jokes with nurses just two days after heart surgery, may be allowed to go home by the end of the week, a hospital spokesman said Wednesday.

### Appearing Keach

Stacy Keach, fresh from a British jail where he served a term for cocaine possession, will make his next appearance before the U.S. House Select Committee on Narcotics Abuse.

## Weather

### Today's forecast

Connecticut, Massachusetts and Rhode Island: Today: sunny and pleasant. High around 80 and cooler over the islands. Tonight: clear. Low in the 60s.



Summer rises again

Today: sunny and pleasant. High near 80. West wind around 10 mph. Tonight: clear. Low in the mid 60s.

### Extended outlook

Extended outlook for New England Sunday through Tuesday: Connecticut, Massachusetts and Rhode Island: Sunny and warm with scattered showers and thunderstorms developing Sunday.

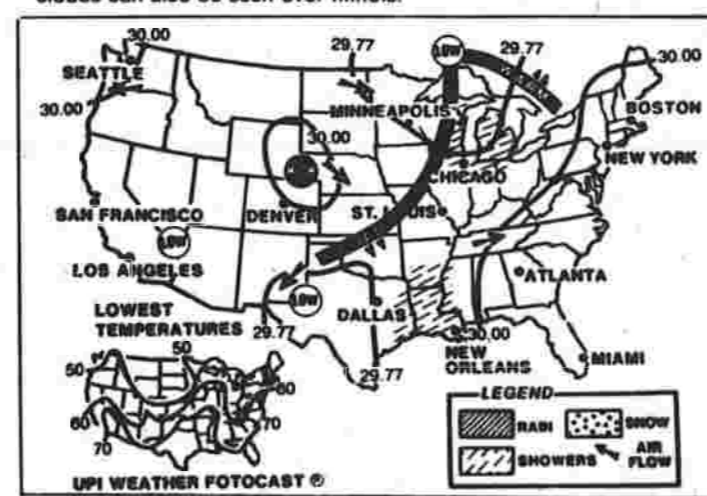


Satellite view

Commerce Department satellite photo taken at 4:00 a.m. EDT shows frontal clouds with showers and thunderstorms over Florida and the Gulf Coast.

### Across the nation

Strong thunderstorms will be scattered from the central plains across the middle and upper Mississippi Valley to the western Great Lakes.



National forecast

During early Saturday morning showers are forecast for parts of the Gulf Coast and the Upper Great Lakes Region.

### Air quality

The state Department of Environmental Protection provides daily air pollution reports and seasonal pollen count information from the Department of Health Services.

### Weather radio

The National Weather Service broadcasts continuous hour weather information on 162.475 MHz in Hartford, 162.55 MHz in New London and 162.40 MHz in Meriden.

## Lottery

### Connecticut daily Thursday: 400 Play Four: 8830

Other numbers drawn Thursday in New England: Maine daily: 728

## Manchester Herald

Richard M. Diamond, Publisher
Mark F. Abraltis Associate Publisher
Penny Sadd Associate Publisher



Stephen T. Cassano, a town director and professor at Manchester Community College, delivers the graduation address Wednesday night to 1985 graduates of the Regional Occupational Training Center.

## MANCHESTER IN BRIEF

CCM elects Cassano a VP
Town Director Stephen T. Cassano has been elected second vice president of the Connecticut Conference of Municipalities.

### Change angers ballplayers

Some softball-team sponsors and players are upset over a decision by the Recreation Department to exclude a 12-team softball league from the townwide playoffs in August.

### Registrars target shoppers

The registrars of voters will set up shop outside three stores Saturday to register new voters and take changes of party affiliation or address.

### Broken pipe delays opening

Because of a broken pipe that must be repaired, Waddell Swimming Pool will not open Saturday as scheduled, the town Recreation Department announced today.

## Motorcycle flies high, but injuries are minor

An Oakland Street man escaped serious injury Wednesday when his motorcycle struck a curb on Green Manor Boulevard and flew 80 feet into the air before landing, police and a Manchester Memorial Hospital spokesman said this morning.

## Earnings on rise at Heritage

Heritage Savings and Loan Association of Manchester today announced net earnings of \$912,497 for the six-month period that ended March 31 — an increase of more than 200 percent over the association's net earnings for the same period last year.

## Fire Calls

Tuesday, 6:07 p.m. — motor vehicle accident, Spencer Street (Town, Paramedics).

## EPA officials want action on problem at sewer plant

The federal Environmental Protection Agency has ordered Manchester to work with the state Department of Environmental Protection to find out what is causing treated sewage discharged from the town plant to greatly exceed accepted pollutant limits from time to time.

The substance — whatever it is and from whatever source — is either being discharged into the plant so much that the plant cannot treat it, or distorts the testing of samples so that the sewage appears polluted when in fact it may not be.

## Order unrelated to project

An order the town is about to receive from the federal Environmental Protection Agency concerning the quality of treated sewage discharged from the town sewage-treatment plant has no direct bearing on orders to modify current permit limits for BOD and total suspended solids.

## Order unrelated to project

The order refers to the standards in the permit under which the plant's town operations have been operating, but it is not an order to modify the permit.

## Earnings on rise at Heritage

Heritage Savings and Loan Association of Manchester today announced net earnings of \$912,497 for the six-month period that ended March 31 — an increase of more than 200 percent over the association's net earnings for the same period last year.

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**3M Scotch Magic Tape** 104 2 For **97¢**

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**FAMOUS MAKE 13" COLOR TV** **168**  
**19" SONY COLOR TV** **299**  
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**Bubble Soap** 8 oz. Liquid Reg. 49¢ ea. **4/\$1**  
**Krazy Glue** Bonds in Seconds Reg. \$1.69 **88¢**  
**Masking Tape** 1/2" x 60 Yds. Reg. 89¢ **2/\$1**  
**Art Fair All Occasion GIFT WRAP** Reg. 85¢ Ea. **3/\$1**

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21 JUN 21



### U.S./World In Brief

#### Soviet satellite breaks up, plunges

A Soviet spy satellite plunged to earth in the Midwest early today, breaking up into more than 3,000 pieces that were seen by hundreds of people in Ohio, Indiana and Michigan.

#### Norwegian gunmen hijack plane

OSLO, Norway (UPI) — A Norwegian gunman hijacked a Norwegian domestic flight with 119 passengers aboard today.

#### Sulicide rate increases in U.S.

ATLANTA — Federal health officials say more than 287,000 Americans committed suicide from 1970 to 1980 — about one every 20 minutes — and it was the third leading cause of death among teenagers and young adults.

#### House OKs some 'Star Wars' bucks

WASHINGTON — The House, working through six back-to-back votes, has decided to give President Reagan plenty of money for his "Star Wars" program but still a good bit less than he wanted.

#### Agca wanted U.S. citizenship

ROME — The Turkish terrorist who shot Pope John Paul II says he hopes for support from the Reagan administration and U.S. citizenship after he linked Bulgaria to the plot against the pontiff.

#### Vocational teachers reject contract recommendations

HARTFORD (UPI) — Union state technical school teachers Thursday night rejected a fact-finder's recommendations for a new contract, raising the chances they will stage a second illegal strike.

#### Suspect back in custody

A Hartford man who escaped from custody at Manchester Superior Court May 2 and was later charged with robbing two Proctor Road residents the same day, was recaptured by Wallingford police May 24, the affidavit said.

## Sherwood Bowers dies at 86



Sherwood G. Bowers

Sherwood Griswold Bowers of Athens, Ga., a controversial Republican politician who served as Manchester's mayor from 1952 to 1954, died Wednesday in High Shoals, Ga. He was 86.

### Obituaries

#### Bessie R. Berkman

Bessie (Rosenthal) Berkman, 94, of Wethersfield, died Thursday at her home. She was the mother of Mrs. Louis (Helen) Becker of Manchester and the widow of Harry Berkman.

#### William W. Mumford Sr.

William W. Mumford Sr., 80, of Parsippany, N.J., husband of Elizabeth (Douglas) Mumford, died Wednesday at home. He was the father of William W. Mumford Jr. of Manchester.

#### Jack Midgley Bennett

Jack Midgley Bennett, 68, of Bridgeport, husband of Evelyn (Thorp) Bennett, died Thursday in Bridgeport Hospital.

## U.S. vows aid in probe of shooting

anywhere from six to 10 men in camouflage uniforms pulled up beside a cafe... and these terrorists opened fire with automatic weapons across what amounted to a block of walk-to-wall cafes.

# FOCUS / Weekend

## It's the weekend that runneth over

### By Nancy Pappas Herald Reporter

Anyone who can't find something exciting to do in Manchester this weekend isn't really trying.

It's going to be a two-day extravaganza of festivals and fun. From a leisurely historic tour to a fast-paced 100-meter dash, from a dish of fiery hot chili to a generous portion of strawberry shortcake, there's something for all.

The first Cheney Historical District Festival is from 10 a.m. to 4 p.m. Saturday on Hartford Road and several blocks of Forest and Pine streets.

Organizer is Ray Juselson of Heritage Savings & Loan Association, a past president of the Kiwanis Club.

"It just made sense to combine the Kiwanis strawberry festival and the Cheney Homestead's 200th anniversary and antiques show," he said.

Patrick Miller, a professor at the Hart School of Music, University of Hartford, has researched the music which accompanied silent films.

He has prepared an original piano accompaniment for "The General," which he will play Saturday.

The shows will cost \$2 for adults and \$1 for children under 12. Proceeds go to the Cheney Hall Foundation.

### Mill Conventions

Three of the Cheney Mills buildings are being renovated into luxury apartments, offering indoor swimming pools, exercise rooms, and the like.

All three buildings will be open to the public on Saturday from 10 a.m. to 4 p.m. The Clocktower for the first time.

Festival organizers suggest starting with the Weaving Mill building on Forest Street, where the work has not yet begun.

"That will show you how all of these buildings looked about a year ago," said Ray Juselson, festival chairman.

Plans on display will show what the developer plans to do. Next, cross the street and go into the Clocktower Mill, where the model apartment will be open to the public for the first time.

Construction is about half complete, according to the developers.

Then walk up to Pine Street, for a tour of the Ribbon Mill, already 25 percent occupied. Two representative apartments and the swimming pool will be open. This building is almost complete.

In the lobby of the Ribbon Mill, John Sutherland, director of the Institute of Local History at Manchester Community College, will present a 45-minute slide show at 1, 2 and 3 p.m.

It is called "Cheney Bros. Was The World," and it describes working-class neighborhood life from 1890 through 1930.

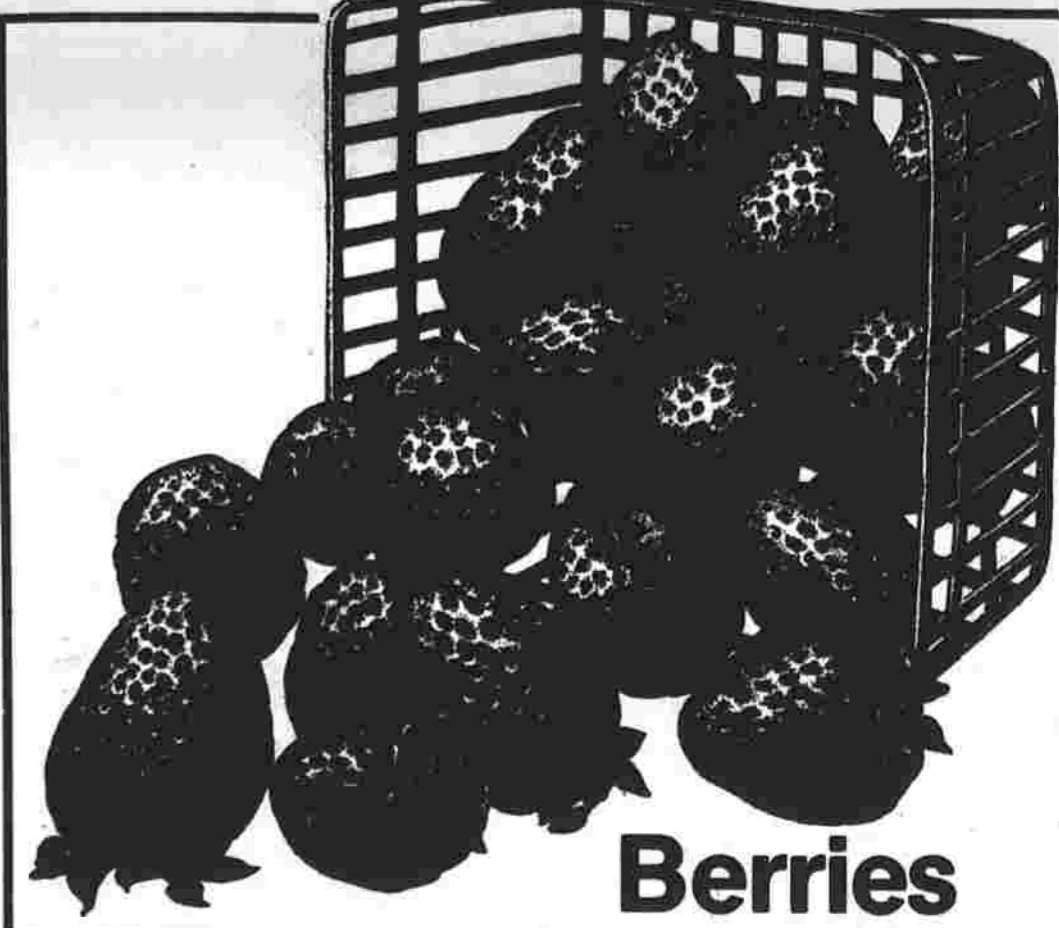
Some parts are narrated by the workers themselves, whose tales were tape-recorded as part of an oral history project which Sutherland undertook a few years back.

### The Fire Museum

The Connecticut Firemen's Historical Society opened its fire museum on Pine Street just a year ago, and the exhibits change frequently.

Art Selleck, the society's president, is hoping that this weekend will see the Ahrens-Fox Pumper, an elaborate 1921 engine, moved permanently to the museum.

The engine, which has been pulled in a number of Manchester town parades, was housed at the fire station on Pine Street in the 1920s.



### Where to park

There will be parking available at Manchester Community College's old campus on Hartford Road, behind the Multi-Circuits building and behind Clark Point.

The parking lot across the street from South United Methodist Church is only available until 1 p.m., as there will be two weddings at the church on Saturday.

Some spaces may be available in the Cheney Hall parking lot, although most of the space will be taken up with the antique cars and strawberry festival.

### Chili Country Fair

The greatest cooks East of the River are going to pepper Sunday at the area's first chili cook-off at the Manchester Bicentennial Band Shell.

The event is expected to draw 20 teams competing for the honor of representing Manchester in a statewide chili festival in Farmington.

Cooks will be "at the starting gate" at 8:30 a.m., 90 minutes before the Manchester Relays' 10-K road race begins.

Two-ounce tastes of the chili will be sold for 50 cents starting at noon. For those who are not chili buffs, there's the country fair part of the event as well. A flea market, live music, country crafts, baked goods, and games for the children will be featured.

Admission is free, but the food costs money. Proceeds will help set up a Manchester citizens cardio-pulmonary resuscitation training program.

### Concert at the shell

The Chili Country Fair is expected to end by 5 p.m. Sunday, leaving the volunteer staff of the Bicentennial Band Shell time to set up for Sunday evening's concert, featuring Farmington Valley Chapter Sweet Adelines, who are the state champions of women's barbershop choruses, and the Clarion Brass Quintet.

Those who attend the chili fair first are welcome to spread blankets, enjoy a picnic, and wait for the concert, which begins at 7 p.m.

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### Antiques

### Tours

### Chili

211 JUN 21







Valedictorian William Harvey gives a rousing ovation from his fellow graduates as he rises to deliver his address at RHAM High School's 28th commencement ceremonies



Thursday evening, a storm just before the graduation nearly forced school officials to move the outdoor ceremonies indoors. Above right, dismay shows on the faces of seniors Kathleen McNamara, left, and Nell Tracey as they watch the storm approach.

Herald photos by Peter

# Rain fails to dampen RHAM graduation ceremony

By Kevin Flood  
Herald Reporter

HEBRON — Members of the RHAM High School Class of 1985 had to deal with some tough circumstances during their years at the school — and even the weather tried to put a damper on their graduation Thursday evening.

RAIN and lightning held up the outdoor ceremonies for 45 minutes. And when they finally got under way, graduates and spectators alike had to endure chilly temperatures along with occasional raindrops.

Many things in life take time to achieve, he said. McKenna also warned of a growing trend for people to shy away from taking personal action and instead criticize the actions of others. "We have become a society of viewers rather than doers," he said.

He urged the graduates to act and occasionally take risks in order to solve society's problems. "If we don't take those risks... we will never grow as individuals or as a society," he said.

Class President Lisa Markstein, in her welcoming address, said that she and her fellow graduates had "grown into very unique adults" during their time at RHAM. She said she will miss basketball games, pep rallies, and other aspects of the school.

Veccchio said more than 60 percent of this year's graduates from RHAM will go on to college, the highest percentage ever for the school. "It keeps going up every year," she said.

# Bolton graduates praise their school

By Susan Vaughn  
Herald Reporter

BOLTON — "I'm feeling nervous, excited, sad, I'm feeling everything possible now." Those were the words of Bolton High School senior Tami Wagner as she was having the collar put on her graduation robe by Latin teacher Susan Murray.

Groot said of the 330-student high school. "You get to know the teachers one on one." He said, for example, that one teacher allowed him to bring a late homework assignment to her home so that he could graduate.

Class president and salutatorian Patricia Sobol also praised the teachers, saying they led students work at their own speed. She said she felt prepared to enter Yale University next fall. "I wouldn't have gone anywhere else," she said.

Senior Jim Boles said that the past week had been "rough" with preparation for graduation. "We've been saying goodbyes for a month," he said.

Although the high school is small, Boles said there is a wide range of groups a student can choose to become involved with. He will attend the University of Connecticut in the fall, aiming for an eventual law degree.

Glenn Goodrich said he liked going to a small school because he got to know everybody. He has been accepted at Thames Valley State Technical College in the industrial electronics program.

Wagner's feelings summed up those of several students who crowded into a classroom to put on their caps and gowns before the Bolton graduation ceremony Thursday night.

GRADUATE BILL GROOT credited his art teacher, Sarah Winter, with giving him a solid background in art. "If it weren't for her, I wouldn't have known about Pratt Institute," he said.

# BHS graduates listed

- Here is a list of the Bolton Class of 1985. President: Patricia Sobol. Vice President: David Corry. Secretary: Tomara Wagner. Treasurer: Melissa Lemire. ... [List continues with names of graduates]



For Wendy Plosky, above, of the Bolton High School class of 1985, there was a sad, wistful moment waiting for the ceremonies to begin Thursday. At left, Jordan Cohen, 5, carries flowers over her shoulder as she walks beside her mother, Kay Cohen. The flowers were for graduate Tami Wagner.

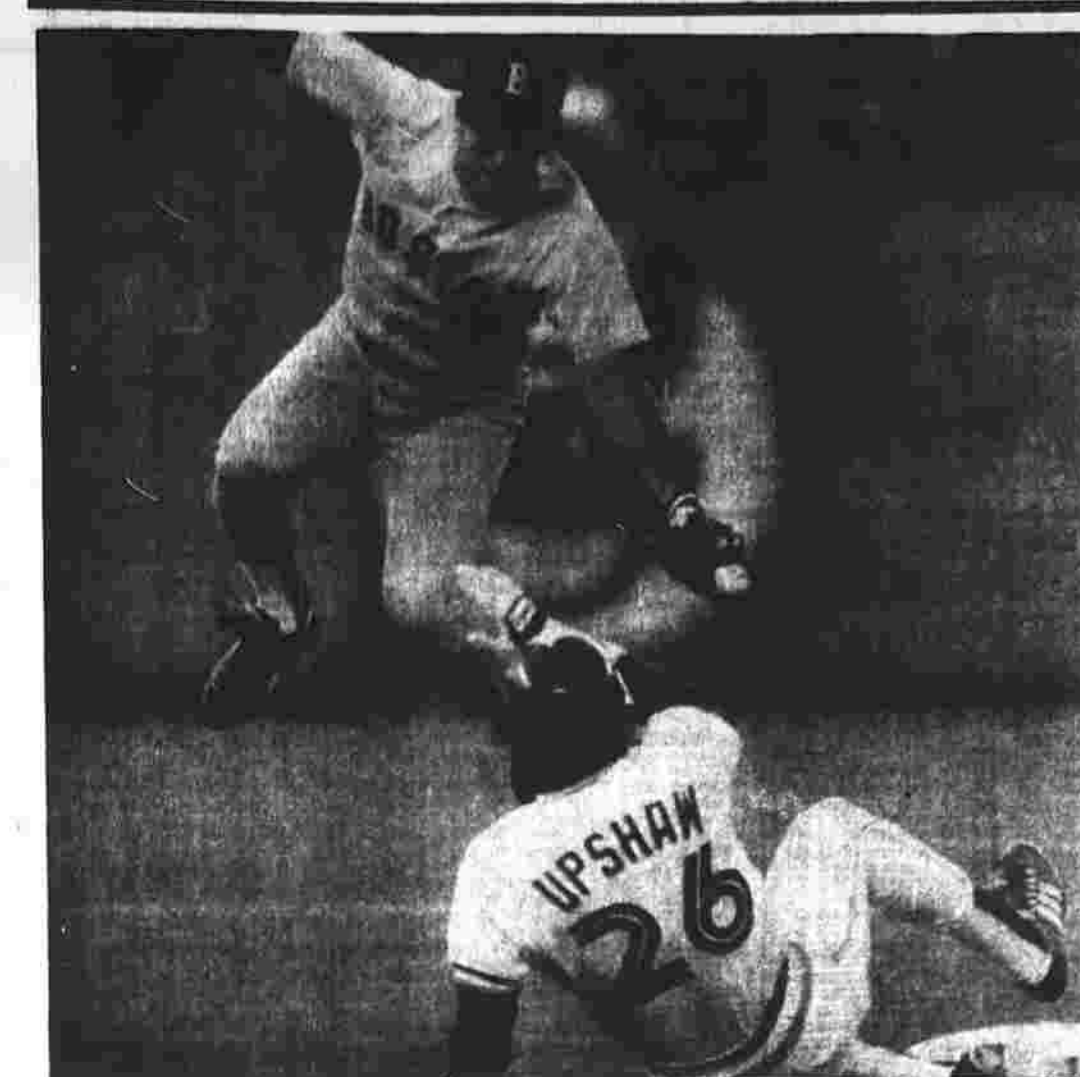
Herald photos by Terquino

**OUTSTANDING SALES AWARD**  
**PATTI BICKFORD**  
For the month of April was awarded to Patti Bickford by the Greater Hartford Board of Realtors on June 12 at a dinner held at the Marriott Hotel in Farmington. Patti is a Realtor Associate with the Greater Hartford Real Estate for several years. She resides in Glastonbury with her husband, Patti would like to thank all her clients and friends in contributing to her successful achievements.

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# SPORTS



Boston second baseman Marty Barrett leaps high to make the catch but still had time to apply tag on would-be base stealer Willie Upshaw in second inning

# Blue Jays bullpen pays off this time against the Bosox

TORONTO (UPI) — A little post-game levity at the lockers of Toronto relievers Bill Caudill and Gary Lavelle told a lot about the serious side of Thursday night's 6-5 victory over the Boston Red Sox.

"I don't why these guys are waiting for you," needed Lavelle, examining the throng of reporters standing by Caudill's locker.

Trailing 5-1, the Blue Jays struck for a pair of runs in the fifth on Tony Fernandez' run-scoring triple followed by Damaso Garcia's RBI single.

# AL roundup

## Wild pitch the killer as Yankees stumble

By Lisa Harris  
United Press International

True, New York did make three errors against Detroit that cost them dearly, as Yankee manager Billy Martin pointed out. But the killer was the wild pitch.

The Tigers won 10-9 with two outs in the bottom of the 10th inning Thursday night when seldom-used reliever Mike Armstrong wild-pitched home Lou Whitaker from third base.

Yankee catcher Ron Hassey knew immediately his team was beaten. "There was nothing I could do about it," Hassey said. "I leaped and just barely tipped the ball. He (Armstrong) hasn't pitched in a while. It was a tough situation."

# Unbeaten MB's now at 9-0

Nine and Oh. The Marist Brothers remained unbeaten Thursday night, nipping visiting Big Dollar Liquors of Bristol, 2-1, in Twilight League action at Moriarty Field.

Chris Petersen and Dave Smythe socked home runs, and shortstop Ray Sullivan continued his fine glove work for the victors.

Smythe's shot in the bottom of the frame proved to be the game-winner. Petersen, who yanked one out in the first inning, added a double to Whitney. This year's contribution is \$8,000. The financial assistance is greatly appreciated and goes a long way in running the two-day event.

# Volunteers instrumental in running the Relays

By Len Auster  
Sports Editor

The MCC New England Relays, which celebrates its 10th anniversary this weekend, in recent years has received a big financial boost from Pratt and Whitney. This year's contribution is \$8,000. The financial assistance is greatly appreciated and goes a long way in running the two-day event.

Volunteers also serve as ticket takers, oversee registration which according to Kinel is a huge task and handle the general odd jobs. They also pitch in for the cleanup afterwards.

The Relays has had its share of regulars. There have been people like Vern Hauschild, who will be unable to attend this year because of illness, Bruce Watkins, the Mel Stollenberg family and the Schwars, Joan and Bill and their kids. They have been, Kinel estimates, over 1000 who've donated their valuable time to the Relays over its 10-year lifespan.

# Charges against Brown dropped

LOS ANGELES (UPI) — Prosecutors, in a dramatic courtroom showdown, announced they no longer believed in their own case and asked that rape charges against football Hall of Famer-turned actor Jim Brown be dropped.

Brown should stand trial in Superior Court, sat in stunned silence as the judge — calling the prosecutor's request "well-founded" — agreed to drop the charges of rape, sexual battery and assault.

Brown, 46, had maintained his innocence throughout the case. "I think it would be a travesty to ask the court to hold Mr. Brown to stand trial," prosecutor Dino Pugoni told Municipal Court Judge Candace Cooper moments before final arguments were to begin Thursday.

# Whalers learning draft is proper path to follow

Though Saturday marks the sixth anniversary of the NHL-WHA merger, the Hartford Whalers have taken half a decade to join the 1980s. After learning the hard way, Hartford has slowly, painfully pursued the proper path towards building respectability.

Through the draft. The Whalers seemed lost two years after garnering a grant total of 45 points in the 1983-84 campaign. A new general manager was signed on to guide them, and when he came to a fork in the road, Emile Francis said "Let's go this way."

Even Francis would admit to stumbling along the way a few times, but at least the Whale machine has kept it in forward gear.

# Bob Papetti

This year's top choice, Dana Murzyn, is a 6-3, 210-pound backguard who reportedly can do it all. Consider Sylvain Cote, last year's No. 1. A whale pick overall, had a miserable rookie season. A potentially explosive puck-rusher, Cote was confused of his role on the ice (for awhile) and was even put at left wing after sparse blue line action. Learning a new language for the French-Canadian was an added complication.

Five of the top 10, and 11 of the 21 first round players in the 1984 entry draft were defenseman. None of them, including Cote and No. 44, Craig Redmond, AL Lafrate and Petr Svoboda, set the league on fire. All of the higher picks showed definite potential. Clubs that build up their rosters, especially teenagers, are only asking for trouble. "For anybody to say this player or that player is going to come in and turn the franchise around, you gotta be outta your head," Francis exclaimed. "This is the same regimen that made the prediction last September that rookie left wing David Jensen would score 90 goals. The Whalers are learning."





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Bissell Street - Small 2 bedroom, 5/2 room house... 43 HOMES FOR RENT

44 STORE AND OFFICE SPACE
Store and Office space, Main St., Manchester... Available immediately, large four room apartment...

43 HOMES FOR RENT
Bissell Street - Small 2 bedroom, 5/2 room house... 43 HOMES FOR RENT

44 STORE AND OFFICE SPACE
Store and Office space, Main St., Manchester... Available immediately, large four room apartment...

45 HOMES FOR RENT
Bissell Street - Small 2 bedroom, 5/2 room house... 45 HOMES FOR RENT

ELDERLY HOUSING COMPLEX
Rural setting, 24 cottage style units... Maximum annual income limit \$23,500...

47 WANTED TO RENT
Two Female Professional College students... Must be reasonable, preferably with heat included...

48 ROOMMATES WANTED
Roommate wanted for new 2 bedroom apartment... Call for details...

OFFICE SPACE
1,000 sq. ft. prime location in Manchester... Call for details...

ROOM FOR RENT?
If you have a room available for a Manchester Community College student... Call for details...

ROOMMATES WANTED
Roommate wanted for new 2 bedroom apartment... Call for details...

INVITATION TO BID
The Eighth Utilities District... Bids will be received at the above address until 7:00 p.m. on June 28, 1985...

LET YOUR NEWSPAPER help you keep your lawn sparkling clean... Call for details...

BLUEBERRIES U PICK
CORN CRIB
Berry Patch
Buckland Road
South Windsor
Opening Sat., 8-6

LEGAL NOTICE
PLANNING & ZONING COMMISSION
At a meeting of the Planning & Zoning Commission of Andover, Connecticut held on 16 June, 1985...

WANT TO sell your car? For quick results, use a low-cost Classified ad... Call for details...

MISCELLANEOUS FOR SALE
Swim pools warehouse for sale... Call for details...

NOTICE OF PUBLIC HEARING
The Connecticut Development Authority (CDA) is empowering under the State Commerce Act to issue tax-exempt revenue bonds...

PROPOSED PROJECT
Name of Borrower/Owner Type of Facility and Project Description Estimated Project Cost Estimated Annual Revenue

60 MUSICAL ITEMS
Kent Electric Guitar with 178 Plymouth Vibrola... Call for details...

KIT 'N CARLYE by Larry Wright
THE FIX YOUR DINNER MIESE, DEAR, I DON'T WANT TO WAKE CARLYE... LUCKILY, ALREADY ATE.

CELEBRITY CIPHER
Celebrity Cipher cryptograms are created from quotations by famous people... 'RDWTFPP ABVCV LBP PLVIG: Y'E AXALFF WVPN AX YDVPMAFYUP MBPLAWBPPV'

Automotive
1980 Pontiac Sunbird... 1984 Chevrolet... 1984 Ford Country Sedan...

69 TAG SALES
Garage Sale - Saturday, June 22nd, 9am-3pm... Cleaning Out The Whole House... Tag Sale - Estate contents...

69 TAG SALES
Tag Sale - Estate contents, assorted Haviland china, crystal, two wardrobes... Tag Sale - Crestfield Conventual Home...

69 TAG SALES
Tag Sale - 7 family, Saturday, June 22, 9am-3pm... Tag Sale - 7 family, Saturday, June 22, 9am-3pm...

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Classified.....643-2711

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Notices
Dear Scouts & Scout Friends, Thank you for all the cards, notes, letters, gifts and good wishes given to me on my retirement from leadership of Troop #10.

21 HELP WANTED
Easily assembled work! 6500 per mo. Guaranteed... 21 HELP WANTED

21 HELP WANTED
Lot person, days. Apply in person, Village Motors, 269 Center Street, Manchester.

31 HOMES FOR SALE
Bolton - Historic, Georgian Colonial, circa 1775... 31 HOMES FOR SALE

22 PERSONALS
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Bolton - Historic, Georgian Colonial, circa 1775... 31 HOMES FOR SALE

500 REWARD
for information leading to the arrest of the person or persons who did damage around my home on the evening of June 10, 1985, at 24 Homestead Street. All replies will be strictly confidential.

22 ANNOUNCEMENTS
Secretary/Typist - Full time secretary for small one-person office. Must have 10+ years exp.

21 HELP WANTED
Secretary/Typist - Full time secretary for small one-person office. Must have 10+ years exp.

32 CONDOMINIUMS FOR SALE
South Windsor - Large 3 bedroom, 2 1/2 bath, Deck, pool, tennis courts, fireplace, full utilities.

Interested in Real Estate Sales?
Disgruntled? Dissatisfied? Unhappy? Want to Change? Call Jack J. Lappen at Active 'N' Able Realty.

22 BUSINESS OPPORTUNITIES
T-Shirt Printing Equipment for sale... 22 BUSINESS OPPORTUNITIES

21 HELP WANTED
Secretary/Typist - Full time secretary for small one-person office. Must have 10+ years exp.

37 REAL ESTATE WANTED
24 hour cash offer on your property - Call: Crockett Realty, 643-1177 for a quick deal!

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22 BUSINESS OPPORTUNITIES
T-Shirt Printing Equipment for sale... 22 BUSINESS OPPORTUNITIES

31 HOMES FOR SALE
Bolton - Country Living very close to river... 31 HOMES FOR SALE

41 ROOMS FOR RENT
Kitchen privileges, cleaning, maid service, parking... 41 ROOMS FOR RENT

PERSONNEL DEPARTMENT
GERBER SCIENTIFIC PRODUCTS, INC.
151 Baton Drive Manchester, CT EOE M/F

23 SITUATION WANTED
Owner/Operator position wanted, local only, east of river... 23 SITUATION WANTED

31 HOMES FOR SALE
Bolton - Country Living very close to river... 31 HOMES FOR SALE

41 ROOMS FOR RENT
Kitchen privileges, cleaning, maid service, parking... 41 ROOMS FOR RENT



# REAL ESTATE OPPORTUNITIES

## REAL ESTATE THIS WEEK featuring:



**BOLTON**  
Check out the many fine features about this unique Ranch home.

- ✓ 9 Rooms - 7 on the main floor
- ✓ Central air conditioning
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- ✓ Floor to ceiling stone fireplace
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- ✓ 3 baths
- ✓ Attic storage
- ✓ Combination wood & coal stove
- ✓ Carpeting
- ✓ Professionally landscaped

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**Robert D. Murdock, Realtor**

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with 3 bedrooms, kitchen, living and dining room, plus a 1st floor for you!  
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**BOLTON - UNIQUE HOME**  
Spacious living room and master bedroom! 1st floor family room. Large real barn. 50's.  
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"WE GUARANTEE OUR HOUSES!"  
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Terrific country setting in Bolton - 7 rooms, 3 bedrooms, 2 full baths, fireplace, 2 car garage. Lots to offer a young family! Offered at \$114,900.



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Charming older colonial. Tastefully decorated, freshly painted exterior, modern kitchen with adorable breakfast nook, 2 car garage. Won't last!! Offered at \$94,500.



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Owner needs a quick sale. Ansaldo built-quality throughout, possible in-law set-up, 2 1/2 baths, spotless inside and outside. Martin School! Call today, 647-8400.

Let's get down to business!!! Bath & Kitchen Shop - great downtown Manchester location. Plenty of parking. Call for details - 647-8400.

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**Bolton \$185,000**  
Historic, Georgian Colonial, circa 1775 on Bolton Green. Step into the past in this gorgeous home featuring wideboard floors, country kitchen with fireplace, spacious dining room, huge 3-room master bedroom suite and a total of 7 fireplaces. 10 rooms in all, located on a lovely lot. Truly a one-of-a-kind!



**Coventry New Listing \$112,900**  
Large, LeCava built Garrison Colonial in Coventry Hills. 6 bedrooms and 3 baths, fireplaced family room, formal dining room, spacious master bedroom on a private tree lot.



**Manchester 8 Rooms \$82,900**  
Lovely Cape on quiet residential street, 4 bedrooms, den, family room. Maintenance-free siding, treed lot all priced to sell!



**Manchester New Listing \$123,900**  
Custom-built home in desirable Taylor Road area. Fireplaced first-floor family room, spacious kitchen, 2 full baths, rec. room. In-ground pool with cabana, 2 car garage and additional 2-car detached garage.



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Why pay rent! \$2145 down to qualified buyer. 1 and 2 bedroom units with 1 1/2 baths, spacious rooms and all appliances. Flexible financing terms. Call for details. 643-4080



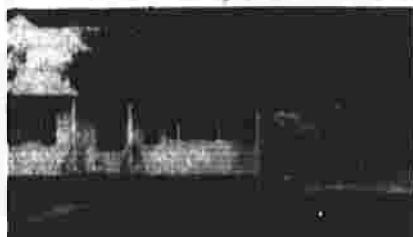
**East Hartford \$91,900**  
JUST LISTED this lovely older 8 room Colonial with 3 bedrooms, 1 1/2 baths, fireplaced living room, rec room, screened porch and garage. Call for an appointment. 643-4080

FREE MARKET EVALUATION



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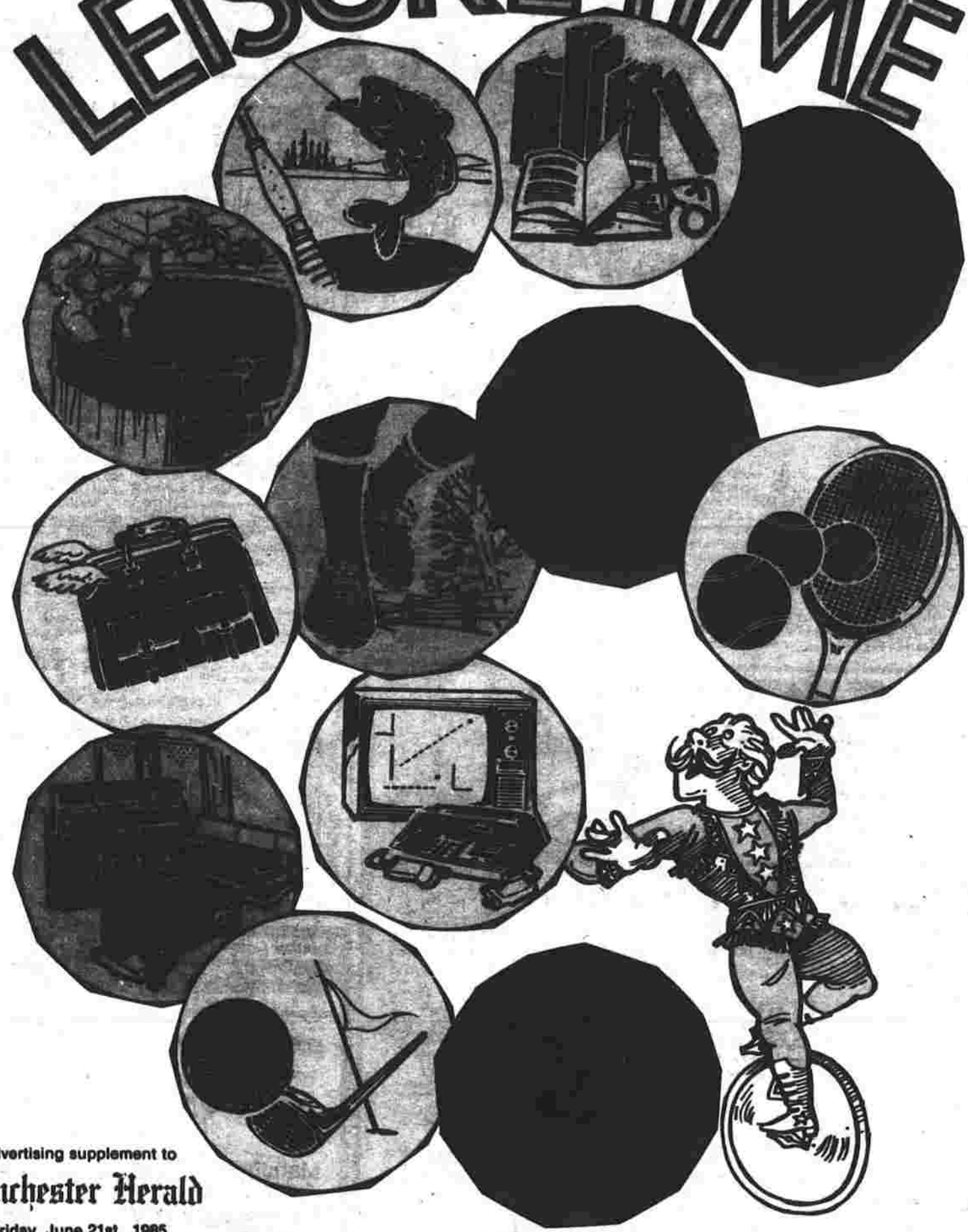
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# LEISURE TIME



Advertising supplement to  
**Manchester Herald**

Friday, June 21st., 1985

# Traveling with kids

## How to keep a family vacation from turning into a nightmare

By Patricia McCormack  
United Press International

To keep a dream family vacation from turning into a nightmare, early plans should be made to maintain sanity and keep loved ones out of harm's way.

Some are obvious, such as remembering to take motion sickness pills for the kids who get car sick. Take duplicate prescriptions for regular medications, glasses to cover damage of spectacles or loss of pills.

Some not so obvious, such as stowing a book of household hints along with the first aid kit in the glove compartment so you'll know what to do when the kids get bubble gum in their hair. Or munch wild flowers and mushrooms of unknown origin.

Taking a pet compounds logistics. But if your dog gets itchy, twitches or suffers from falling hair as a result of separation trauma when left in a kennel, you have no choice. And that keeps that one big happy family — well, one big happy family. No matter what.

The family vacation primer that follows attempts to be a complete survival guide for moms, dads, kids, pets sentenced to togetherness of a more than usual intensity and length: the family vacation time.

**PETS:** Dr. Charles Banta, head of the Alpo Pet Center in Philadelphia, says check with the airline about regulations when taking dog or cat on a



flight. Also check out hotels about arrangements for pets. The Mobil Travel Guides usually contain such information.

Some amusement centers now have coin-operated dog runs, by the way. So while you're having fun checking out the entertainments, Fido can exercise.

During the car trip, by the way, stop at least every four hours to give pet an exercise and comfort break. If leaving an

animal in car for any stretch, keep windows open a bit so it won't suffocate.

Before leaving a pet in a kennel, if that's your choice, check it out. Is it clean? Is it certified? Do the pets seem well cared for? Get beyond the reception area to see what the place is like. Ask for references.

Never left your pet in a kennel before for an extended period? Stage a dry run to check out your

pet for separation trauma. Try a weekend or a few days in the middle of the week before deciding to leave the pet there during the family vacation.

If your pet needs special diet, make sure the kennel will comply. Otherwise, according to Banta,

**FLYING THE KIDS:** The Greater Pittsburgh International Airport provides a Kidsport, a place where mothers and dads can drop in with the kids. This special facility is of a type available at some other airports on a smaller and less grand scale. The special facility provides children with a variety of toys and books, along with slides, rocket ships and even a merry-go-round with a prime view of the airport's runways.

There also is a nursing facility and children's restroom where mothers can change and nurse babies in privacy.

Consumer Reports says under new federal rules adopted in February any infant seat can be used on an airplane, if the seat was manufactured after Jan. 1, 1981.

Such a seat can be identified by a sticker saying it has met all applicable federal standards. If the sticker has been taken off, the seat is not allowed on a plane.

Check with the airline on the policy of paying if an infant seat occupies a regular seat. Some

Please turn to page 4

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# Sun and exercise can be a bad mix

**NEW YORK (UPI)** — Summer fitness can have unhealthy side effects. Although that healthy look seems to require the body be bronzed and barely covered, those warm tanning rays take their toll on eyes, skin, water balance and body in general.

What begins as a pleasant jog or invigorating tennis game can end with the body flushed, feverish, drained of vital fluids and the mind confused, even unconscious. Today's beautiful brown body may be wrinkled and pockmarked with potentially cancerous spots 29 years from now. Poorly protected eyes can be more prone to cataracts. All this because of the summer sun.

To cope with high temperatures, the active body sweats and shunts blood from its hot inner core to the skin surface. There, heat radiates into the air and sweat evaporates to keep body temperatures normal — but for a price, according to Michael Flynn, of Ball State University in Muncie, Ind.

More blood to skin can mean less blood bringing oxygen and nutrients to muscles, so legs and arms tire more easily. Each evaporating drop lessens total body fluids, so that there is less blood for cooling and for transporting nutrients, said Flynn.

In two hours, about 5 percent of the body's weight can be lost — all in fluids. Unless those fluids are replaced, said Flynn, cooling mechanisms falter. Higher body temperatures disrupt the brain's temperature-control centers. Sweating decreases, blood stops going to the skin, and body temperature soars.

"If you exercise to the point that you feel thirsty, you are

already past the point where you need to take in water," said Dr. Steven Jonas, professor of community and preventive medicine at the School of Medicine at the State University of New York at Stony Brook. "Tanking up" before exercise and stopping frequently for water can prevent getting thirsty.

If humidity is high, then less water is lost, but less water evaporating off skin means hampered cooling ability that cannot be helped by drinking. Then moderated activity may be the best preventative for heat stress, said Jonas.

How often and how much water each individual needs is best determined by experience, he added. But balancing exercise needs against weather and the body's condition is crucial.

So is protecting one's skin. Research indicates that the sun's rays are a primary factor in skin aging. Damage done to skin cells also seems to make them more cancer-prone, said Dr. Warwick Morison of the National Cancer Institute in Bethesda, Md.

Since the 1930s skin cancers have been increasing. Then, about one in 1,500 people developed malignant melanoma, the most deadly skin cancer. Now it is 10 times more common, according to Dr. Alfred Kopf of New York University Medical Center in New York City.

Increased leisure time, greater emphasis on tanning and being outdoors, and skimpier clothes are blamed for this increase.

"But sun exposure should not be viewed as an absolute inhibitor to exercising outside," said Jonas.

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GE. We bring good things to life.

# Don't let a dream vacation become a nightmare

Continued from page 2

airlines say you have to reserve an extra seat. But a spokesman for one said if space is available an infant can take the space and will not be charged.

Consumer Reports says both American Airlines and TWA say you have to reserve an extra seat. Both United and Delta say they allow free use of a vacant seat.

"Your best bet is to reserve a seat for your baby," Consumer Reports says.

What about holding the infant on your lap? Risky.

Aviation safety authorities say in sudden turbulence the baby could fly out of your arms if you are not alert.

Never mind trying to buckle seat belt around yourself and baby. Baby could be crushed if you are thrust forward.

**CAR TRIPS:** Kids between 3 and 8 are the first to get ants in their pants on car trips, according to Arnold Furey, director of Mobil Travel Guides.

No more than 300 miles a day is a good rule when your cargo is in that age bracket, he says. Get on the road early — by 7 a.m. Pull off early, no later than 3 p.m. That way you'll have time to explore sights at the stop.

W. Allan Wilbur of the American Automobile Association, Falls Church, Va., says entertaining children on a road trip is an art. But there are three rules: take safety precautions, keep children reasonably occupied and adjust starts and stops for children's ages, personalities and eating and sleeping habits.

A more leisurely paced drive includes stopping to snack or stretch every 100 miles or once every two to three hours. Stopping before dark also means early dinner, early bedtime for the children and an early start the next morning.

**SAFETY RULES:** Youngsters should buckle up. Infants need to be secured in appropriate child restraint systems. Be sure kids understand they should not fiddle with locks, door handles, car controls, sharp objects or large unwieldy toys. Nix any attempts to poke hands, heads or toys out the window.

Use the buddy system in the car, charging older kids with looking after younger ones. The older ones usually respond well to being given special duties — be it map reading, note taking, keeping track of travel expenses or a sharp eye on the little kids.

**THE EVERYTHING KIT:** The AAA says a be-prepared-for-anything travel kit includes packaged toiletries, tissues, bandages, children's and adult's aspirin, antiseptic, flashlight, batteries, snacks, sketchpads, markers, small toys and books.

Snacks, juices and water stave off the "when to we eat" tummy twitches.

For car sickness — kids or dog — use an empty ice cream or milk carton or sturdy plastic bag. Mints, gum and a damp cloth complete car sickness gear.

**TOYS:** Be sure all the kids take their happiness and security object — be it a little blue blanket from babytime, a threadbare bear or whatever. Separation trauma resulting from happiness and security objects left 400 miles down the road at home is hard to quell.

Books that make good companions on trips with kids include "Are We There Yet?" (Random House, \$7.95). It contains travel games, puzzles and quizzes for the whole family.

Games to play on the road include treasure-hunts — looking for certain types of buildings, license plates, barnyard animals, letters of the alphabet. The object of such games is to find the greatest number of objects the quickest.

**ODDMENTS OF A HELPFUL NATURE:** Should you travel when pregnant? The American College of Obstetricians and Gynecologists offers this advice: Ask your doctor for an special traveling advice. Try to travel during the second trimester — months four to six. If you're traveling by car, wear a safety belt and make frequent stops to walk around and restore circulation. If you're going to be outdoors a lot, use a sunscreen. Your skin may be more sensitive during pregnancy. While exercising, avoid overheating.

A reminder from the National Safety Council: "Don't leave home without your driver's license, duplicate car keys, vehicle registration, hospital insurance card, medical informa-

tion card, auto insurance card, motor club card, names and addresses of next of kin."

Be aware of regional hazards, says the National Safety Council. "Visit the library and do a little reading up on possible hazards of the area you plan to visit. For example: Rocky Mountain Spotted Fever, which is transmitted by ticks, occurs primarily in the Southwest, western Montana, Wyoming, parts of Idaho and eastern California.

"High altitude sickness can strike in the mountains. For healthy people, problems usually occur at elevations above 7,000 feet; for people with heart or lung diseases, at heights of above 4,000 feet.

"Drinking mountain stream water can give you a number of

intestinal diseases. Don't drink any surface water. Drinking water in Mexican border towns can give you traveler's diarrhea. Drink bottled water or soft drinks."

**BEFORE LEAVING:** Stop mail and newspaper deliveries unless you arrange with a reliable friend or relative to regularly collect them. Arrange for someone to mow the grass so it won't be obvious the family is away. It's a good to install a gadget that switches lights on and off at set times.

Make sure the car is ship-shape. Carefully check cooling system, brakes, belts and tires. Do it ahead of takeoff day so there will be time for any needed repairs.

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# Summer concert season under way in rock world

By Frank Spotnitz  
United Press International

**NEW YORK** — An 11-hour concert at Philadelphia's JFK Stadium featuring dozens of the biggest names in rock 'n' roll highlights the concert lineup this summer, which promises to be a busy if not overwhelming season for music.

The "Live Aid" benefit concert, which will coincide with another megashow at London's Wembley Arena July 13, will include Mick Jagger, Stevie Wonder, the Cars, Eric Clapton, Duran Duran, Hall and Oates, Huey Lewis and the News, Tears For Fears and many others.

Organized by Boomtown Rats founder Bob Geldof, the London and Philadelphia concerts are expected to raise more than \$10 million to aid the needy in famine-stricken Africa.

Less than 80,000 people will get a chance to see the Philadelphia performance in person, but the entire show will be broadcast live on MTV and three hours of it on network television, guaranteeing it the largest audience of the summer.

It was rumored that late additions to the roster will include Bob Dylan and Bruce Springsteen. Also considered likely is a stadium tour toward the end of the summer by Springsteen, whose "Born in the U.S.A." has been in the Top Ten for more than a year.

In the meantime, Tina Turner takes her triumphant "Private Dancer" tour to more than 70 cities, starting in July to coincide with the release of "Mad Max Beyond Thunderdome," in which she stars.

Huey Lewis and the News will be back on the road at the same time for a two-month tour, accompanied as they were on dates last summer by the Tower of Power horn section.

A horn section also accompanies Tom Petty and the Heartbreakers on their tour this year, supporting the excellent "Southern Accents" LP. It's the first time he and the band have hit the road in two and a half years.

It's the first time in five years that Dire Straits has seen a North American stage. Mark Knopfler and the rest of the band, best known for 1979's "Sultans of Swing," will be playing a lot of material from the new "Brothers in Arms" album.

The Grateful Dead have been shopping by TV will never go over in buying food until they devise a way for you to squeeze the melons as you watch.

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at it for 20 years, and are — as usual — on tour once again.

Sting's future with the Police has been put on hold indefinitely, but that's not stopping the star of the forthcoming "The Bride" from hitting the road in support of his first solo effort, "The Dream of the Blue Turtles."

Culture Club apparently has weathered stormy relationships reported within the band and will return to the road. Ditto for Crosby, Stills and Nash, who will play through the summer. The reformed Squeeze will play 35 dates.

Wham!'s George Michael and Andrew Ridgely will have a chance to make back the money they lost on their tour of China with their summer tour. Wham!, buoyed by three consecutive No. 1 singles, will be playing to stadiums, likely filled by mobs of teenage girls.

Another British act, Tears For Fears, is touring the country fresh from the chart-topping performance of "Everybody Wants to Rule the World." Their second single, "Shout," seems likely to keep the public's attention.

Kenny Loggins is on tour for the first time since "Footloose" burned up the charts and will stay there through the season.

Katrina and the Waves ("Walking on Sunshine") and the Philadelphia-bred Hooters will divide opening act duties for Don Henley's summer tour, while Survivor warms up the crowd for REO Speedwagon.

Spandau Ballet will try to shore up its American audience as special guests of the Power Station. The Power Station, which first said it wouldn't tour but then said it would, will be minus lead singer Robert Palmer.

Synth-pop wiz Howard Jones is doing quite nicely on his headlining tour, accompanied by a backup band this time around. As a supporting act last year, Jones manipulated his array of electronic equipment singlehandedly.

Acts continuing on from the spring include hitmaker Phil Collins; Bryan Adams; Eric Clapton, with the brilliant Graham Parker and the Shot as an opener, and ace guitarist Carlos Santana.

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## Escape day-to-day cares with summer reading

By Jill Ioi  
United Press International

This summer's offering of books to let you escape from day-to-day cares is international in flavor. Latin America, the Caribbean, England, China and of course, the U.S.A., all are settings for some of the best reads of the season.

The story of four generations of the Del Valles and Truebas is the subject of "The House of the Spirits" by Isabel Allende (Knopf, 353 pp., \$17.95). The niece of Chile's late president Salvador Allende shows her familiarity with her topic; the people, their history, feelings and passions.

A collection of short stories by Shiva Naipai takes the reader to Naipai's native Trinidad and to England, where he lives now. In "Beyond the Dragon's Mouth," (Viking, 424 pp., \$17.95) Naipai writes about people like himself who have escaped from one place but have yet to put down roots anywhere else.

One man who does have roots and puts his talent to good use is John Gould of Friendship, Me. "Stitch In Time" (Norton, 171 pp., \$12.95) is a witty, thoroughly readable book of essays — observations on everything from the telephone company to why there are two churches in town.

Michael Korda's new novel, "Queenie," (Linden Press, 569 pp., \$17.95) should delight his readers. It is the story of a beautiful, intelligent woman, one-quarter Indian, who rises from being a striptease artist to being a Hollywood star. Life is never smooth, however, and Queenie's past comes back to haunt her. This may be Korda's best yet.

Stephen King fans have two books to enjoy this summer. One,

"Cycle of the Werewolf" (NAL, 128 pp., \$8.95) is a spine-chilling story of a werewolf terrorizing a small Maine town. The residents finally fight back to end the horror for a tale that will lower the summer temperature a few degrees.

June brings King's "Skeleton Crew" (Putnam, 312 pp., \$18.95). There may be mixed feelings about this collection of short stories, some of them dating back to his early days and most of them previously published.

Some wonderful escapism for fantasy lovers comes from Terry Brooks in his novel "The Wish-song of Shannara" (Del Ray, 498 pp., \$9.95 trade pb). This final volume of the Shannara trilogy again pits members of the Ohmsford family against the forces of evil to save the land.

The novel also boasts one of the best characters to come along in a long time — Slanier the gnome, a realistic character whose loyalty wavers but who usually lands on the side of right. Brooks promises more about Shannara but not for a few years.

If short stories are to your liking, try this year's O. Henry Award selections from Doubleday (319 pp., \$15.95) with selections from such writers as Ward Just, Gloria Norris and Steve Heller.

A writer with a gift for weaving the reader into the web of his book is Christopher New. In his third book "Shanghai," (Summit Books, 699 pp., \$19.95), New pours the exotic flavor of the Orient into his epic about John Denton, a young Englishman who is plunged into the colorful life of Shanghai. It is a novel of East-West tensions, Japanese invaders and with a story of a star-crossed romance thrown in.

This year marks the 50th anniversary of the conviction of

Bruno Richard Hauptmann, the carpenter who was executed for the kidnapping and killing of Charles Lindbergh's baby. Now, British journalist Ludovic Kennedy raises doubts about Hauptmann's guilt in "The Airman and the Carpenter" (Viking, 438 pp., \$18.95). The author alleges that Hauptmann's accusers believed in his guilt and that belief resulted in falsified evidence and the withholding of information defending him.

Another piece of non-fiction that deserves a read is "Sea of Slaughter" by Farley Mowat (Atlantic Monthly Press, \$24.95). The book chronicles the devastation of hundreds of different species of birds, fish and mammals living on the East coast of the United States and Canada from the time of the first explorers to the present. It analyzes the human destruction of animal species so numerous that the skies would turn dark with birds and the shores become crowded with polar bears, seals and other large mammals.

Books to watch for this summer include the new thriller by Lawrence Sanders, (Putnam, 384 pp., \$17.95). This is a fast-paced thriller once again with detective Edward X. Delany pulled out of retirement. The sin this time is anger and the

murder that of psychiatrist Simon Ellerbe.

The Victorian era is the setting for "Tessa d'Arbly," by Mal-

colm Macdonald (St. Martin's, 328 pp., \$15.95). Tessa, endowed with an inheritance, does pretty much as she pleases.

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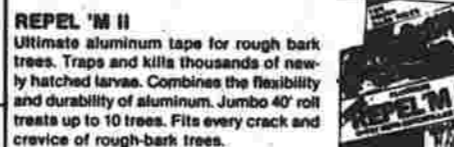
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## Vacation guides tell of exotic and rustic places

By Jill Ioi  
United Press International

A true vacation means rest, relaxation and enjoyment, not coming home more exhausted than before you left. The key is knowing what to expect and travel guides will help, whether your trip this summer is a grand tour of Asia or a simple hike in the mountains of America.

The plethora of travel guides on the market include, of course, the tried and true Fielding's series from William Morrow Inc. Seven guides are updated annually — you can tell these by the red covers — and will help you on your tour of Europe and the Caribbean, the Bahamas, Bermuda and Mexico.

Fielding's World Wide Guide to Cruises has been renamed "World Wide Cruises" (\$12.95). An addition to the series is the "All Asia Budget Guide" (\$9.95) that helps travelers find their way in all Asian countries accessible to the everyday American tourist. That's everywhere but Laos, Cambodia and Vietnam.

In Asia, perhaps China holds the greatest fascination. "The China Guidebook" by Frederic

Kaplan, Julian Sobis and Arne de Kadtzer (Houghton Mifflin, \$14.95) provides the traveler with a good idea as to what to expect. There are maps, special sections for those not in a tour group and for overseas Chinese.

For Europe, any of the Fielding guides, Stephen Birnbaum's easy-reading guides (Houghton Mifflin), Frommer's "Europe on 325 a Day" (Simon & Schuster, \$9.95) and other guides, or the Let's Go guides by the Harvard Student Agencies (St. Martin's, \$9.95) for budget travelers will be of help.

A handy hip pocket book is "Passport to Europe's Small Hotels and Inns" by Beverly Beyer (John Wiley, \$5.95). Beyer gives a brief description of each country, lists the name, address, telephone number and price and a couple of sentences per hotel.

What more do you need? And what other guidebook leads you to the Lobster Pot Inn in Mousehole, Cornwall?

If you have time or want to get away from the museums, churches and monuments, you might like the Whole Europe Escape manuals (World-Leisure Corp., \$8.95 each). They tell you what else is out there. Suggest-

tions include taking a trip down the French waterways, wandering through cheese markets in Holland and hot-air ballooning in Austria.

A comprehensive guide to France is the Hachette Guide (Pantheon, \$14.95). This is similar in format to the noted Michelin guide and gives historical, cultural, hotel and restaurant information in one volume.

The very reliable Michelin guides are available in French and English and provide information on events, attractions, maps, and rate hotels and restaurants. These guides cover major cities and countries including the United States.

And what of the United States? Take a look at the Sierra Club Guides to the National Parks. The newest in this admirable series of outstanding text and photography is on the Rocky Mountains and the Great Plains (Stewart, Tabori & Chang, \$12.95). This invaluable companion provides all needed information and describes the wildlife and vegetation in the parks.

Very popular area with tourists are the Great Smoky Mountains in North Carolina and Tennessee. Jeff Bradley's "A

Traveler's Guide to the Smoky Mountains Region" (The Harvard Common Press, 272 pp., \$16.95) provides information about many area events and attractions such as the Biltmore Estates.

If you like the idea of staying in the national parks but not in a tent or camper, a useful book is "The Complete Guide to Cabins and Lodges in America's State and National Parks," by George Zimmerman (Little, Brown, \$24.95, \$12.95 pb). Zimmerman briefly but informatively describes about 200 state and national parks and the accommodations available.

For something completely different, Joseph Daniel lists 100 outdoor trips in "The Great American Adventure Book" (Doubleday-Dolphin, \$12.95).

What about going to Alaska to watch the caribou migration? Or going on a trek to Oregon's Diamond Peak with llamas carrying your gear?

There are other things to do in America besides backpacking of course. One is to sun yourself in Hawaii and you can do no better than to take along the "Hawaii Handbook" by Robert W. Boes (Pelican Books, \$19.95). Boes tells you everything you need to know for a complete vacation in the islands.

For the many visitors to Alaska and western Canada, there is "The Milepost" (Alaska Northwest Publishing, \$12.95) that provides the driver traveler with air, rail, and sea schedules and information, numerous road maps, hunting and fishing and other attractions.

## Health clubs serious business

NEW YORK (UPI) — In the new movie "Perfect," reporter John Travolta sets out to prove health clubs have become the singles bars of the '80s. He is humbled by the discovery that for many people health clubs are simply a place to exercise.

That does not mean the clubs are spartan gymnasiums filled with grimy, sweat-soiled equipment. Many feature gleaming chrome-plated weight machines and extras such as a restaurant or outdoor deck where members can have cool cocktails brought to them as they bask in the sun.

One health club in Brooklyn is open 24 hours a day. Another is a stone's throw from Central Park and features a restaurant headed by one of the city's finest chefs.

Particularly popular in sky-choked Manhattan are clubs with views of the city and indoor-outdoor swimming pools. One club has an Olympic-sized pool with a "bubble" that opens or closes depending on the weather.

At Club La Raquette, in the trendy Parker Meridien Hotel, the indoor pool is 40 stories in the air, with a panoramic view of the skyline.

"The luxury and the hotel itself appeal to members," explained Tab Mak, the club's membership sales coordinator. "Those who can afford it appreciate the cleanliness and the quiet." Cleanliness also is emphasized at the Manhattan Plaza Health Club, where the clientele ranges from actors to yuppies and senior citizens.

Like most health clubs, Manhattan Plaza has weight-training equipment, a pool, a whirlpool, a sauna, a steam room, massages and exercise classes. The price

to take advantage of all that is \$225 a year, plus a one-time-only \$200 initiation fee.

If that seems steep, it's modest compared to Club La Raquette, where the annual fee is \$650. Deduct \$500 if you are willing to forgo use of the swimming pool.

Other clubs, like the New York Health and Racquet Club, offer racket sports in addition to the daily regime of running, lifting and swimming.

Lee Rosenbaum, a 25-year-old administrative manager who has belonged to NYHRC for a

year, said he does not take advantage of the club's health food snack bar or classes, but he likes working out in clean, pleasant surroundings.

"If you're going to exercise indoors as opposed to outdoors, it's definitely important to have a nice place to exercise," Rosenbaum said.

He and his fiancee attend the club together two or three times a week, although they did not meet there. She swims while he lifts weights.



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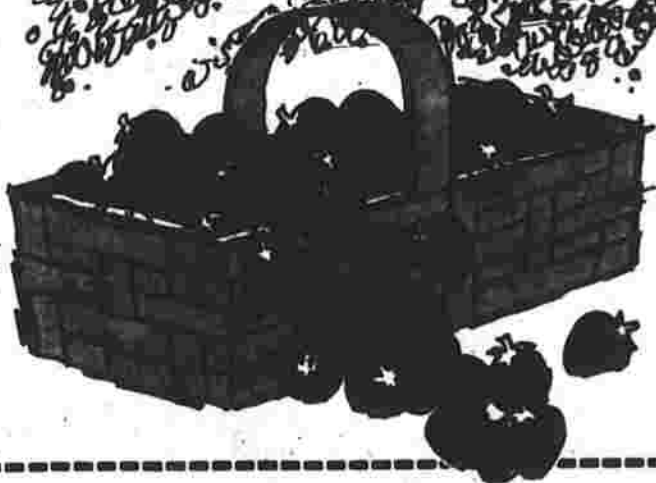
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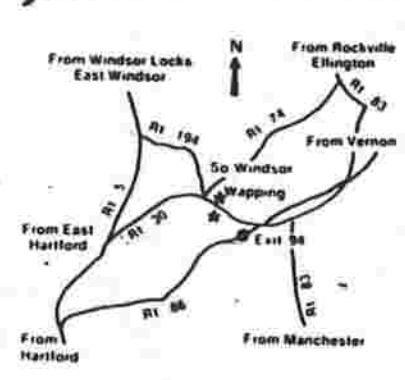
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